



COACHING AND MENTORING

DEVELOPMENT BASED AROUND YOU

More than 700 mid-senior level police officers are trained coaches and mentors, keen to support you in your role.

In a project led by the Police Superintendents' Association (PSA) and funded by the College of Policing, you have access to invaluable professional experience and insight to support your personal career goals.

What is coaching and mentoring?

Mentoring

Sharing expert knowledge of a role or subject area

Coaching

Broader, general support on a wide range of themes

What's the benefit?

Whilst the scheme is endorsed and funded by the College of Policing, it is flexible and informal, meaning that you contact a coach or mentor independently and arrange how you would like the support to be delivered.

Once you have linked with your mentor, you decide whether you will speak face to face, over the phone, via email, and what topics you would like to cover.

This means that the support you receive is entirely based around your needs for your own personal or career goals.

It can help you with:



Promotion



Gaining skills
or experience



Increasing your
confidence at work



would recommend
the scheme

Feedback



"It's been amazing and just what I needed at the right time. It can feel indulgent to do something like this for yourself, but I'm realising that a confident / fulfilled police officer improves the relationship with your colleagues and in turn the service you provide to the public."



said it helped them
gain their promotion

Want to know more?

Visit the Coaching and Mentoring page of the Police Superintendents' Website ([ADD LINK](#)) where you will find full information plus a list of all trained coaches and mentors available to you.

If you're interested in becoming a coach or mentor, check the PSA website for details of training events that will take place between January and March.





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- ★ **Promotion**
- ★ **Gaining skills or experience**
- ★ **Increasing your confidence at work**

Feedback

"It's been amazing and just what I needed at the right time. It can feel indulgent to do something like this for yourself, but I'm realising that a confident / fulfilled police officer improves the relationship with your colleagues and in turn the service you provide to the public."

97% would recommend the scheme

75% said it helped them gain their promotion



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